



Relationship and Sex Education (RSE) Policy

Policy Originator: PSHE Leader

Status: Statutory

Committee Responsible: Children and Learning

Review Period: 3 years

Next Review Date: Autumn 2017

*Relationship and Sex Education will become compulsory from September 2019. At this stage the regulations and guidance about what should be included has not been issued by the DfE. Advice is that **schools do not update their Sex and Relationships Education Policies at the moment.** We will be reviewing our policy when the new regulations and guidance has been issued by the DfE.*

Introduction:

In providing Sex and Relationship Education the school helps to promote the spiritual, moral, cultural, mental and physical development of its pupils and prepares pupils for opportunities, responsibilities and experiences in later life. Sex and Relationship Education (SRE) is an important part of PSHE Education. Frimley's SRE Policy is based on the DfE guidance document Sex and Relationship Guidance (ref DfEE 0116/2000).

In this document sex education is defined as :

"learning about physical, moral and emotional development. It is about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health".

SRE is taught in a way that allows children to ask and explore moral questions and is not used as a means of promoting any form of sexual orientation.

SRE in the curriculum

Aims:

To provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals within the school, their family, the wider community now and in later life.

Objectives/Pupil Learning Outcomes:

The SRE programme will give children the opportunity to learn about:

- The physical development of their bodies as they grow into adults
- The way humans reproduce

- Respect for their own bodies and the significance of sexual activity as part of a committed, long-term, and loving relationship
- The importance of family life
- Moral/ relationship issues
- Respect for the views of others
- What they should do if they are worried about any sexual matters

How is SRE taught at Frimley Church of England Junior School?

Teaching and Learning

At Frimley, SRE is taught with an awareness of the school's values and moral code.

Sex and Relationship Education is specifically taught in Year 4 and Year 6 and is timetabled for the second half of the Summer term. The emotional development of the children in each class is taken into account and catered for. Sex Education is taught in the context of family life.

In Year 4 children learn the scientific names of the external genitalia, the differences between boys' and girls' bodies and how babies are conceived. In addition, girls are taught about menstruation.

In Year 6 children learn about how their bodies change during puberty and how babies are born. Children are given the opportunity to ask questions about any issues relating to the lessons and teachers do their best to answer with sensitivity and care.

In PSHE lessons we teach children how to recognise and manage their emotions and the importance of self-control. The importance of building positive relationships, involving trust and respect is also explored.

In Science, children learn about how animals, including humans, move, feed, grow and reproduce. In Upper Key Stage 2 children learn about life processes and the main stages of the human life cycle.

The SRE Programme at Frimley Church of England Junior School

The main resources used to teach Sex and Relationship Education come from 'Living and Growing' (Channel 4) Units 1-3 Resource Books and DVD.

Parental Involvement

The school believes that it is important to have the support and trust of parents for the delivery of the SRE programme. To promote this relationship and create mutual understanding and cooperation the school:

- Informs parents and carers about the school's Sex and Relationship Education Policy and practice
- Contacts all parents and carers of children in Year 4 and Year 6 to invite them to discuss the lessons detailed previously. Teachers explain what is taught and how. Parents are also shown the resource materials that will be used and are able to view the DVD we use as part of the sex education programme of lessons

- Takes seriously any issue that parents raise with teachers or governors about this policy or the arrangements for sex education in the school

Through this mutual exchange of knowledge and information it is the school's aim that the teaching in school will support the key messages that parents and carers give children at home. Children will benefit from being given consistent messages about their changing bodies and increasing responsibilities and therefore be more confident in coping with one of life's major changes.

External Contributors

Members of the Local Health Authority do not currently assist the school in the delivery of the SRE programme.

Confidentiality

Teachers conduct sex education lessons in a sensitive manner and in confidence. However, if a child makes a reference to being involved, or likely to be involved in sexual activity, then the teacher will take the matter seriously and deal with it as a matter of child protection. Teachers will respond in a similar way if a child indicates that they may have been a victim of abuse. In these circumstances the teacher will talk to the child as a matter of urgency. If the teacher has concerns, they will draw their concerns to the attention of the Lead or Deputy DCPO. The Lead or Deputy DCPO will then deal with the matter in consultation with health care professionals. (See also Child Protection Policy.)

Monitoring, Evaluation and Assessment of the Teaching and Learning of SRE

The PSHE & Citizenship co-ordinators will monitor delivery of the programme by checking planning documents and by discussions with teaching staff and pupils.

Evaluation on the programme's effectiveness will be conducted on the basis of:

- Pupil and teacher evaluation of the content and learning processes
- Staff meetings to review and share experiences

Links with other Policies

We recognise the clear link between SRE and the following policies and staff are aware of the need to refer to these policies when appropriate.

- PSHE & Citizenship
- Teaching and Learning
- Emotional Health and Well being
- Religious Education
- E-Safety
- Child Protection

SRE Training and Support for Staff

The PSHE & Citizenship co-ordinator will attend any necessary training courses. Other teaching staff will receive training via staff meetings.

Autumn 2014